



JustFoodForDogs.



Fresh Frozen Feeding Guide

ADULT DOG

Fresh Frozen Daily Diet Recipe	Adult Dog Size & Weight				
	Extra Small 5 – 10 lbs	Small 11 – 20 lbs	Medium 21 – 40 lbs	Large 41 – 60 lbs	Extra Large 61 – 80 lbs
Beef & Russet Potato	½ – 1 cup 3½ – 5½ oz	1 – 1½ cups 5½ – 9½ oz	1½ – 2½ cups 9½ – 15½ oz	2½ – 3½ cups 15½ – 21 oz	3½ – 4 cups 21 – 26 oz
Chicken & Rice	¾ – 1 cup 3½ – 6 oz	1 – 1¼ cups 6 – 9½ oz	1¼ – 2¼ cups 9½ – 16 oz	2¼ – 3¼ cups 16 – 21½ oz	3¼ – 4½ cups 21½ – 27 oz
Fish & Sweet Potato	1 – 1½ cups 5½ – 9½ oz	1½ – 2½ cups 9½ – 16 oz	2½ – 4 cups 16 – 26½ oz	4 – 5½ cups 26½ – 35½ oz	5½ – 6½ cups 35½ – 44 oz
Lamb & Brown Rice	¾ – 1 cup 3½ – 6 oz	1 – 1¼ cups 6 – 10 oz	1¼ – 2¼ cups 10 – 16½ oz	2¼ – 3¼ cups 16½ – 22 oz	3¼ – 4½ cups 22 – 27½ oz
Turkey & Whole Wheat Macaroni	½ – 1 cup 3 – 5 oz	1 – 1½ cups 5 – 8½ oz	1½ – 2¼ cups 8½ – 14 oz	2¼ – 3 cups 14 – 19 oz	3 – 3¾ cups 19 – 23½ oz
Venison & Squash	1 – 1½ cups 6 – 10 oz	1½ – 2½ cups 10 – 16½ oz	2½ – 4 cups 16½ – 27½ oz	4 – 5½ cups 27½ – 37 oz	5½ – 6½ cups 37 – 46 oz
Joint & Skin Support	¾ – 1¼ cups 4½ – 7½ oz	1¼ – 2 cups 7½ – 13 oz	2 – 3½ cups 13 – 21½ oz	3½ – 4½ cups 21½ – 29 oz	4½ – 5½ cups 29 – 36 oz
Balanced Remedy	1 – 1½ cups 4 – 6½ oz	1½ – 2½ cups 6½ – 10½ oz	2½ – 4 cups 10½ – 17½ oz	4 – 5½ cups 17½ – 24 oz	5½ – 6½ cups 24 – 29½ oz

Fresh Frozen Vet Support Recipe	Adult Dog Size & Weight				
	Extra Small 5 – 10 lbs	Small 11 – 20 lbs	Medium 21 – 40 lbs	Large 41 – 60 lbs	Extra Large 61 – 80 lbs
Hepatic Support Low Fat	1 – 1½ cups 6 – 10 oz	1½ – 2½ cups 10 – 16½ oz	2½ – 4 cups 16½ – 27½ oz	4 – 5½ cups 27½ – 37 oz	5½ – 6½ cups 37 – 46 oz
Renal Support Low Protein	¾ – 1 cup 3½ – 5½ oz	1 – 1¼ cups 5½ – 9½ oz	1¼ – 3 cups 9 – 15 oz	3 – 4 cups 15 – 20 oz	4 – 4¾ cups 20 – 25 oz
Critical Care Support	½ – ¾ cup 2½ – 4 oz	¾ – 1¼ cups 4 – 6½ oz	1¼ – 2 cups 6½ – 11 oz	2 – 2¼ cups 11 – 15 oz	2¼ – 3¾ cups 15 – 18½ oz
Metabolic Support	½ – ¾ cup 3 – 5 oz	¾ – 1¼ cups 5 – 8 oz	1¼ – 2 cups 8 – 13½ oz	2 – 2¼ cups 13½ – 18 oz	2¼ – 3½ cups 18 – 22 oz

It is recommended that you weigh food in ounces using a digital scale. If you do not have a scale, you may estimate volume in cups per the charts above. The charts are only a guide; always adjust feeding recommendations based on careful monitoring of the weight of your dog.



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Fresh Frozen Feeding Guide

PUPPY

Fresh Frozen Daily Diet Recipe	< 4 Months Puppy Size & Weight				
	Extra Small 1 – 4 lbs	Small 5 – 10 lbs	Medium 11 – 20 lbs	Large 21 – 40 lbs	Extra Large 41 – 60 lbs
Fish & Sweet Potato	¾ – 2¼ cups 4½ – 15 oz	2¼ – 3¾ cups 15 – 25 oz	3¾ – 6¼ cups 25 – 42½ oz	6¼ – 10½ cups 42½ – 71 oz	10½ – 14¾ cups 71 – 96.5 oz
Chicken & Rice	½ – 1½ cups 2½ – 9 oz	1½ – 2½ cups 9 – 15 oz	2½ – 4¼ cups 15 – 25½ oz	4¼ – 7¼ cups 25½ – 43 oz	7¼ – 9¾ cups 43 – 58½ oz

Fresh Frozen Daily Diet Recipe	> 4 Months Puppy Size & Weight				
	Extra Small 1 – 4 lbs	Small 5 – 10 lbs	Medium 11 – 20 lbs	Large 21 – 40 lbs	Extra Large 41 – 60 lbs
Fish & Sweet Potato	½ – 1½ cups 3 – 10 oz	1½ – 2½ cups 10 – 17 oz	2½ – 4¼ cups 17 – 28 oz	4¼ – 7 cups 28 – 47½ oz	7 – 9½ cups 47½ – 64½ oz
Chicken & Rice	¼ – 1 cup 2 – 6 oz	1 – 1¾ cups 6 – 10 oz	1¾ – 2¾ cups 10 – 17 oz	2¾ – 4¼ cups 17 – 28½ oz	4¾ – 6½ cups 28½ – 39 oz

ADULT CAT

Cat Size & Weight	Daily Amount
Extra Small 4 – 6 lbs	½ – ¾ cup 3 – 4 oz
Small 7 – 12 lbs	¾ – 1 cup 4 – 6 oz
Medium 13 – 15 lbs	1 – 1¼ cups 6 – 7½ oz
Large 16 – 20 lbs	1¼ – 1½ cups 7½ – 9 oz
Extra Large 21 – 25 lbs	1½ – 1¾ cups 9 – 10½ oz

For best results, it is recommended that you weigh the food in ounces using a digital scale. If you do not have a scale, you may use the cup estimates as shown on the chart. Always weigh your puppy or cat every 1-2 weeks and adjust initial servings accordingly when starting any new diet.



Pantry Fresh Feeding Guide

ADULT DOG

Pantry Fresh Daily Diet Recipe	Adult Dog Size & Weight				
	Extra Small 5 – 10 lbs	Small 11 – 20 lbs	Medium 21 – 40 lbs	Large 41 – 60 lbs	Extra Large 61 – 80 lbs
Beef & Russet Potato	½ – ¾ pack 4 – 7 oz	¾ – 1 pack 7 – 11½ oz	1 – 1¼ packs 11½ – 19 oz	1¼ – 2¼ packs 19 – 26 oz	2¼ – 2¾ packs 26 – 32 oz
Chicken & White Rice	½ – ¾ pack 5 – 8 oz	¾ – 1¼ packs 8 – 13½ oz	1¼ – 1¾ packs 13½ – 22 oz	1¼ – 2½ packs 22 – 30 oz	2½ – 3 packs 30 – 37 oz
Lamb & Brown Rice	½ – ¾ pack 4 – 6½ oz	¾ – 1 packs 6½ – 11 oz	1 – 1½ packs 11 – 18 oz	1½ – 2 packs 18 – 24½ oz	2 – 2½ packs 24½ – 30½ oz
Turkey & Whole Wheat Macaroni	½ – ¾ pack 4½ – 7 oz	¾ – 1 packs 7 – 12 oz	1 – 1¼ packs 12 – 19½ oz	1¼ – 2¼ packs 19½ – 26½ oz	2¼ – 2¾ packs 26½ – 33 oz
Joint & Skin Support	½ – ¾ pack 5 – 8 oz	¾ – 1¼ packs 8 – 13½ oz	1¼ – 1¾ packs 13½ – 22 oz	1¼ – 2½ packs 22 – 30 oz	2½ – 3 packs 30 – 37 oz
Balanced Remedy	½ – ¾ pack 4 – 6½ oz	¾ – 1 packs 6½ – 11 oz	1 – 1½ packs 11 – 18 oz	1½ – 2 packs 18 – 24½ oz	2 – 2½ packs 24½ – 30½ oz

Pantry Fresh Vet Support Recipe	Adult Dog Size & Weight				
	Extra Small 5 – 10 lbs	Small 11 – 20 lbs	Medium 21 – 40 lbs	Large 41 – 60 lbs	Extra Large 61 – 80 lbs
Hepatic Support Low Fat	½ – ¾ pack 5 – 8 oz	¾ – 1¼ packs 8 – 13½ oz	1¼ – 1¾ packs 13½ – 22 oz	1¼ – 2½ packs 22 – 30 oz	2½ – 3 packs 30 – 37 oz
Renal Support Low Protein	¼ – ½ pack 3½ – 5½ oz	½ – ¾ pack 5½ – 9 oz	¾ – 1¼ packs 9 – 15½ oz	1¼ – 1¾ packs 15½ – 20½ oz	1¾ – 2¼ packs 20½ – 25½ oz
Metabolic Support	½ – ¾ pack 5 – 8 oz	¾ – 1¼ packs 8 – 13½ oz	1¼ – 1¾ packs 13½ – 22 oz	1¼ – 2½ packs 22 – 30 oz	2½ – 3 packs 30 – 37 oz

PUPPY

Pantry Fresh Daily Diet Recipe	< 4 Months Puppy Size & Weight				
	Extra Small 1 – 4 lbs	Small 5 – 10 lbs	Medium 11 – 20 lbs	Large 21 – 40 lbs	Extra Large 41 – 60 lbs
Chicken & White Rice	¼ – 1 pack 4 – 12½ oz	1 – 1¾ packs 12½ – 21 oz	1¼ – 2¾ packs 21 – 35½ oz	2¾ – 4¾ packs 35½ – 59½ oz	4¾ – 6½ packs 59½ – 81 oz
	> 4 Months Puppy Size & Weight				
	¼ – ¾ pack 2½ – 8½ oz	¾ – 1 packs 8½ – 14 oz	1 – 2 packs 14 – 23½ oz	2 – 3¾ packs 23½ – 40 oz	3¾ – 4¾ packs 40 – 54 oz

It is recommended that you weigh food in ounces using a digital scale. If you do not have a scale, you may estimate volume in pkg(s) per the charts above. The charts are only a guide; always adjust feeding recommendations based on careful monitoring of the weight of your dog.

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ADULT DOG



JustFresh Daily Diet Recipe	Adult Dog Size & Weight				
	Extra Small 5 – 10 lbs	Small 11 – 20 lbs	Medium 21 – 40 lbs	Large 41 – 60 lbs	Extra Large 61 – 80 lbs
Home-Cooked Beef Recipe	¼ – ½ pack	½ – ¾ pack	¾ – 1¼ packs	1¼ – 1½ packs	1½ – 1¾ packs
Home-Cooked Chicken Recipe	½ – ½ pack	½ – 1 pack	1 – 1½ packs	1½ – 2 packs	2 – 2½ packs

For best results, it is recommended that you weigh the food in ounces using a digital scale. If you do not have a scale, you may use the cup estimates as shown on the chart. Always weigh you puppy or cat every 1-2 weeks and adjust initial servings accordingly when starting any new diet.